



## Teen Retreat Planning Guide

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We are excited to welcome you to Camp Arcadia, a place where you can live in community with other Christians and find renewal in spirit, mind and body as you are surrounded by God's creation. Below are answers to frequently asked questions about camp that will help you prepare for your stay.



### Prior to Arrival

Medical & Emergency Contact Information: As part of the registration confirmation process, parents or guardians were emailed a notice to provide camper health history and other critical information. Upon receiving this email, parents or guardians should log back into the Camp Arcadia registration portal (CampBrain) and provide this information.

The link to complete paperwork and pay balances will be available by April 15<sup>th</sup> and is due May 15<sup>th</sup>.

Here is a link to the registration portal: <https://camparcadia.campbrainregistration.com/>

Regarding Spending Amounts (Tabs): Spending accounts (known as “tabs”) are used at Camp Arcadia in place of cash for purchases in our Trading Post and craft shop. Our Tab system is now run through Camp Brain using their Camp Store feature. Here you are required add a deposit (and pay that deposit) for your Camper(s) Tab for them to use during their stay at Camp. Generally, campers use between \$50 and \$150. This deposit will act as a credit on their account. If Campers charge more than the deposit on their account, there will be a balance due at the end of the retreat. Payment method on file will be used to cover the balance due. If they do not spend their full deposit any balance over \$15 will be refunded. (For reference: snacks, beverages, and ice cream treats range in price from \$0.75 - \$5.00. The Camp shop also sells merchandise like stickers, water bottles, sweatshirts, etc. that range in price from \$2 to \$50. Craft shop projects are usually between \$1 - \$15.)

## Arrival and Departure

Directions: Arcadia, Michigan is located on Highway M-22 that runs north/south between Manistee and Frankfort along Lake Michigan. From M-22 turn west onto Oak Street, the northernmost street (at the green house), and drive to the end of the street. We are searchable on Google and Apple Maps. Camp staff will be waiting to direct you in the check-in process.

Check-In: Camp Arcadia is on EASTERN TIME. Check in between 2:00- 5:00 PM on Sunday. Staff and counselors will direct you through the steps of the check-in process, which includes checking in with the Camp Health Officers, turning in cell phones, and receiving the teen’s room/group assignment.

Departure: We have programing until 9:45am. Camper check out will be between 10:00- 11:00AM EASTERN TIME on Saturday. All camper and the adult signing them out must go through the check-out process together.

## What to Expect

What to Wear: An outdoor lakefront setting with the likelihood of warm days (60-80 °), cool nights (40-50 °) and the possibility of a rainy morning suggest your clothing needs.

Dress at Camp Arcadia is casual. You will want a warm jacket, and most likely both shorts and pants. Teens will be physically active and involved in peer team building challenges. Please consider this when packing for the week - wear clothes that are comfortable and conducive to team challenge and low-ropes course activities. **For many activities at Camp, closed-toe shoes are a requirement!**

Campers may wish to dress up for Friday night’s candlelight dinner.

Lodging & Meals: As a camper in the Inn, you will be staying in one of the 40 historic rooms, each equipped with a sink. There are shared baths and showers down the hallways. Four second-floor rooms have private baths. Most rooms have a queen and a double bed, or queen and a bunk bed. Rooms are provided with bedding. We ask that you bring your own towels both bath and beach.

Boys will be housed in either the first floor of the Inn or a dormitory room in the Assembly.

Meals are served buffet style in the Inn's dining room: breakfast at 9:00 A.M., lunch at 12:45 P.M. and dinner at 6:00 P.M. To best meet all our guests needs we are able to accommodate the following dietary restrictions: Gluten Free, Vegetarian, Dairy Free and Nut Allergies. If you have dietary restrictions beyond this list we will provide you with a menu so that you can supplement as needed during your stay. If you have any questions please contact the office.

Friday's dinner is a "candlelight" dinner - Campers may wish to dress up for this meal.

Programming: While there will be 100+ other teens at Arcadia, you will spend a lot of your week in a small group of 8-10 teens and one adult counselor. This group will serve as your "family" for the week. You will eat, play, learn and worship together. Your counselor will be totally devoted to your group and lead you through various Camp activities all week long. You can expect your counselor to hang out with you, listen and learn with you and love the Lord. You can count on the staff at Arcadia to be committed to serving you, too. Each of them, from your dining room server to your program staff leader to your ice cream scooper, will be there to make sure you have a blast!

Facilities: Camp Arcadia has two tennis courts, a basketball court, four shuffleboard courts, and a softball/soccer field. There are also nature trails that wind through our forested 110 acres.

The Wigwam houses Camp's office and The Trading Post, an ice cream shop with popcorn, snacks, and pop, and gift shop where you can purchase Camp apparel and other merchandise. The Round-Up is also in the Wigwam. Here, you can find a variety of indoor recreation opportunities including a piano, Ping-Pong, Foosball, Billiards, table shuffleboard and mini bowling. Games, puzzles, and cards are also available.

The Craft Shop offers opportunities to create artistic projects such as tie-dye shirts, candles, jewelry, and needlework for a fee.

## Other Helpful Information

Medication Guidelines: By Michigan State law you are required to turn in all medication in the original bottle (including aspirin or vitamins) to the Nurse upon arrival. This is a critical preventative safety measure for all those at camp.

Cell Phone Policy & Contacting Your Camper: Cell phones and electronic devices are not allowed at Camp. Campers with cell phones are required to turn them in and will be kept at the office until check out.

All campers have access to a no-cost landline at all times for outgoing calls. You may send messages via email to [camp-arcadia@camp-arcadia.com](mailto:camp-arcadia@camp-arcadia.com) or mail letters to Camp (PO Box 229, Arcadia, MI 49613) for your camper to receive during their week.

**In case of emergency, contact Camp's Main Office Phone (staffed from 8am - 6pm daily): (231) 889-4361. In case of after-hours emergency, call Executive Director, Chip May, on his cell phone: (231) 920-0447.**

Bringing Cash: Campers should not bring cash to camp. Camp Arcadia is not responsible for misplaced cash. Campers will use a tab system for all purchases.

Canoe Trip: A canoe trip is part of the weekly program, weather permitting. The cost of the trip is included in the registration fee. Campers should wear a one piece bathing suit or will be required to wear a tank top or t-shirt over two-piece bathing suits.

Bringing Outside Food/Beverage: Please do not bring food, snacks or soda. If there are allergy concerns, please contact Camp Arcadia for continued conversation. Campers may purchase these items in the store during their daily free time.

## Contact Us

Camp Office: (231) 889-4361 3046

[www.camp-arcadia.com](http://www.camp-arcadia.com)

Fax: (888) 753-1922

Oak Street, PO Box 229,

Arcadia MI 49613

# Packing List

Suggested items to make your stay at camp even more perfect:

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| <input type="checkbox"/> Robe (for going to/from communal bathrooms)            | <input type="checkbox"/> One-piece swimsuit                  |
| <input type="checkbox"/> Dress clothes (Friday night dinner)                    | <input type="checkbox"/> Canoe trip clothes                  |
| <input type="checkbox"/> Comfortable clothes for long, active days              | <input type="checkbox"/> Walking/closed-toe shoes*           |
| <input type="checkbox"/> Sunscreen  | <input type="checkbox"/> Clothes for Aquapalooza Water Games |
| <input type="checkbox"/> Bug spray  | <input type="checkbox"/> Jackets & sweatshirts               |
| <input type="checkbox"/> Flashlight   | <input type="checkbox"/> Sunglasses                          |
| <input type="checkbox"/> Tissues  | <input type="checkbox"/> Bible, notebook, pens               |
| <input type="checkbox"/> Medication in original bottle                          | <input type="checkbox"/> Camera                              |
| <input type="checkbox"/> Alarm Clock (you will not have a phone as alarm clock) | <input type="checkbox"/> Square dance clothes                |
| <input type="checkbox"/> Shower caddy   | <input type="checkbox"/> Instruments/props for talent show   |
| <input type="checkbox"/> Rain gear  | <input type="checkbox"/> Toiletries & Bath Towel             |
|   | <input type="checkbox"/> Water bottle                        |