



## Women's Retreat Vacation Planning Guide

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We are excited to welcome you to Camp Arcadia, a place where you can live in community with other Christians and find renewal in spirit, mind and body as you are surrounded by God's creation. Below are answers to frequently asked questions about Camp that will help you prepare for your stay.



### Arriving at Camp

**Directions:** Arcadia, Michigan is located on Highway M-22 that runs north/south between Manistee and Frankfort along Lake Michigan. From M-22 turn west onto Oak Street, the northernmost street, and drive to the end of the street where you will see the camp sign, turnaround, and parking area.

**Check-In:** Camp Arcadia is on EASTERN DAYLIGHT TIME. The first session on Friday evening will begin after sunset. Massages may be available at a reasonable rate on Saturday during free time.

## What to Expect

**What to Wear:** An outdoor lakefront setting with the likelihood of still warm fall days (70°), cool nights (50°) and the possibility of a rainy morning suggests your clothing needs. Dress at Camp Arcadia is casual. You'll want a warm jacket, warm pajamas, and most likely both shorts and pants. Tennis shoes are appropriate for all areas, including our hiking trails. Lake Michigan can still be warm during the early fall -- swimming enthusiasts will want to bring their suits for an afternoon dip! Sunday morning worship is on site and dress remains casual.

**Lodging & Meals:** The Inn at Camp is charming, clean and comfortable. Most guests staying in the Inn will be in one of the 40 traditional Inn rooms that has a sink, with shared baths and showers down the hallways. Also in the Inn are four second-floor rooms that have private baths and two first-floor universally accessible private bathrooms. Most rooms have a queen and a bunk bed, or a queen and a double bed. Rooms are provided with all needed bedding and extra blankets. Fresh bath towels and washcloths are available daily. Please bring your own beach towels and hand towels.

Guests staying in one of our camp-owned cottages have access to a kitchenette, dining area, living area, and private bathroom space. Linens are provided, as well as fresh towels daily. These cottage guests eat all meals in the Inn dining room.

Delicious meals are served in the Inn's dining room: both breakfasts are from 7:30 - 9:00 am, Saturday lunch is at 12:30 pm and dinner is at 6:00 pm. Sunday Lunch is at 11:45 am. Please contact the office if you have any special dietary restrictions or needs.

**Facilities:** Camp Arcadia has two tennis courts, a basketball court, four shuffleboard courts, and a softball/soccer field. There are also nature trails that wind through our forested 110 acres.

Coin-operated laundry facilities for guests are located in the basement of the Wigwam. Laundry detergent is provided; there is also an iron and ironing board and a clothesline located behind the Inn.

The Wigwam houses Camp's office and the Trading Post, an ice cream shop with popcorn, snacks, and pop, and gift shop where you can purchase camp apparel and other merchandise. Prices for snacks range from \$0.75 to \$3.00 while prices for merchandise range from \$2.00 to \$50.00. The Round-Up is also in the Wigwam. Here, you can find a variety of indoor recreation opportunities including a piano, ping-pong, foosball, billiards, table shuffleboard and mini-bowling. Games, puzzles, cards, TV and books are also available.

The Craft Shop offers opportunities for guests of all ages to create artistic projects such as tie-dye shirts, candles, painted rocks, and jewelry.

## Community Living Guidelines

Our buildings are smoke-free. Please do not bring pets to camp Arcadia. Consideration for other guests suggests that 'quiet' be observed between 10:30 pm and 6:30 am.

The dining room meals are also our community gathering times.

Please note that there is no Wi-Fi at Camp Arcadia. There are places in town that do offer free Wi-Fi.

## Contact Us

Camp Office: (231) 889-4361

[www.camp-arcadia.com](http://www.camp-arcadia.com)

fax: (888) 753-1922

3046 Oak Street, PO Box 229,

Arcadia MI 49613

# Packing List

Suggested items to make your stay at Camp even more perfect:

- Bible, notepaper & pen
- Bicycles
- Camera
- Small fan
- Portable drying rack
- Extension cord
- Tennis, fishing gear, golf clubs, etc.
- Books
- Alarm clock
- Insect repellent
- Facial tissues
- Sunglasses and sunscreen
- Hand towels (towels & washcloths are provided)
- Jackets, sweatshirts and jeans
- Laundry bag
- Bathrobe and slippers (for walking to/from communal bathrooms)
- Beach mat, towels
- Rain gear and umbrella
- Beach chairs
- Walking/hiking shoes
- Shower essentials (shampoo, conditioner, body wash, etc.)

## Camp Arcadia's Women's Retreat

### **Friday**

4:00 – 7:30 PM

Check-in

4:00 – 7:30

Trading Post Open

**5:00 – 7:30**

**Light Supper in Wigwam (Round Up)**

**5:30-7:00**

**Wine Tasting in Wigwam (Round Up)**

After Sunset (8:00-ish)

Welcome & Introductions

9:00-10:30

Trading Post Open for snacks

9:45 – 10:05

Arcadia Evening Prayer

### **Saturday**

**7:30 – 9:00 AM**

**Breakfast Buffet**

8:45

Morning Singing

9:00

Session I

10:00

Break

10:30

Session II

11:30

Break

11:45

Breakout Sessions *(see options and locations listed in folder)*

**12:30 PM**

**Lunch**

1:30-2:30

Breakout Sessions *(see options and locations listed in folder)*

2:30

Choir Rehearsal

3:15

Free Time

3:30 – 5:00

Trading Post & Craft Shop Open

**6:30 PM**

**Dinner**

8:00-ish (after sunset)

Saturday Nite Lively!

9:00-10:30

Trading Post Open

9:45 – 10:05

Arcadia Evening Prayer

10:15

Campfire on the Patio (weather permitting)

### **Sunday**

**7:30 – 9:00 AM**

**Breakfast Buffet**

7:45

Polar Bear Swim!

8:45

Bible Study in Assembly

10:15

Worship Service at the Chapel on the Beach

**11:45**

**Lunch & Farewell**