

Camp Arcadia Teen Weeks Menu 2019

ALL BREAKFAST MEALS SERVED FAMILY STYLE IN THE DINING ROOM

Breakfast 7:30-9:00	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Scrambled Buttermilk pancakes Bacon Cereals & yogurts	Breakfast (scrambled cheddar sausage, salsa, Cereals & yogurts	Scrambled Buttermilk blueberry Bacon Cereals & yogurts	Meat & cheese Frittata* Bacon Pastries Cereals & yogurts	Scrambled eggs* Sausage patties Biscuits Cereals & yogurts	Scrambled French toast Bacon Cinnamon rolls Cereals &

ALL LUNCH MEALS SERVED FAMILY STYLE IN THE DINING ROOM

Lunch 12:30		BBQ pulled Black bean & corn salad* Mac & cheese Garden salad Brownie	Pizza Day! Assorted Veggies & dip Salty Dave	Roasted wrap w/ tomato & cheese Garden salad Chips Lemon cookies	Korean pork Flour & corn tortillas* Asian rice* beans, kimchi) Korean salad* Tortilla Choc. rebel	Chicken Sour cream, Tortilla chips & Spanish rice Brown butter chocolate chip cookies	Cold cereals & yogurt are available each meal upon request. Cereal varieties available are homemade granola, raisin bran, toasted O's, Rice Chex, Frosted Flakes, Lucky Charms, crisp rice & Frosted Mini Wheats. Homemade peanut butter is available upon request.
	Vegetarian Option - for wk. on Sun. evening			Grilled wrap tomato &	Veggie fajitas	Veggie	

Dinner 6:00		Served	Cookout on	Served	Cookout on	Served	Served
		Spaghetti & meatballs Marinara sauce Caesar salad Garlic bread Sauteed green beans Chocolate cupcake	Grilled hotdogs & Bacon potato salad Assort. Fresh veggies & Cut fruit Rice Krispie	Bread & salad Roasted with roasted garlic cream Fingerling potatoes Grilled corn on the cob Starwberry shortcake	Beef veggie Corn* & flour tortillas Rice Black bean salad* Lettuce, sour guacamole, mayo Chips & salsa Watermelon Cookie	Bread & salad Pot roast with mashed sweet redskin Broccoli with oil & Cheesecake	Bread & salad Choice of Beef filet* Breaded Whipped Roasted Chocolate
Vegetarian	Marinara pasta	Impossible	Veggie stir		Veggie & tofu	Ravoili w/ basil	

Option -
for wk. on Sun. evening

burger

kabob

sauce