

# Camp Arcadia Lutherhostel Menu 2019

Saturday		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>		<b>Buffet in dining</b>	<b>Served</b>	<b>Served</b>	<b>Buffet in dining</b>	<b>Served</b>	<b>Served</b>
		Meat Fritata Veg Fritata Sausage Links* Fruit* & Cereals &	Scrambled Eggs* Buttermilk Pancakes Bacon* Fresh Fruit* Pastries Cereals & Yogurts	Scrambled Eggs* Bacon* Bagels and Fresh Fruit* Cereals &	Crustless Quiche* Sausage Gravy* Fresh Biscuits* Cinnamon Rolls Fresh Fruit* Cereals &	Scrambled Eggs* Buttermilk Pancakes Sausage Links* Fruit Compote* Fresh Fruit* Cereals & Yogurts*	Scrambled Eggs* French Toast Bacpn* Fruit* & Cereals &
<b>Lunch</b>		<b>Buffet in dining</b>	<b>Served</b>	<b>Served</b>	<b>Buffet in dining</b>	<b>Served</b>	Cold cereals & yogurt are available each meal upon request. Cereal varieties available are homemade granola, raisin bran, toasted O's, Rice Chex, Frosted Flakes, Lucky Charms, crisp rice & Frosted Mini Wheats. Homemade peanut butter is available upon request.
		Creamy Tomato Soup* Grilled Cheese Grilled Ham & Cheese Salad Bar* Fresh Fruit* Peanut Butter Cookies	BBQ Chicken Coleslaw* Baked Beans* Chips* Fresh Fruit* Chocolate Rebel Cookie	Assorted pizzas Mixed Salad* Ranch Dressing* Fresh Fruit* Salty Dave's	Vegetable Soup* Lasagna w/ Meat Sauce Roasted Lasagna Salad Bar* Fresh Fruit* Pecan Sandie Cookie	Roasted Turkey Basil Pesto & Provolone on Ciabatta Italian Pasta Sal Chips Fresh Fruit* Lemon Cookie	
<b>Vegetarian Option - please order Sat.</b>		N/A	BBQ Cauliflower	N/A	N/A	Grilled Veggie Sandwich	
<b>Dinner</b>		<b>Buffet in dining</b>	<b>Served</b>	<b>Served</b>	<b>Buffet in dining</b>	<b>Served</b>	* (asterick) indicates <b>Gluten Free</b> We offer GF <b>Pizza Dough, &amp; Tortillas</b> upon request
		Fettuccini & Meatballs Marinara Sauce* Caesar Salad Garlic Bread Sauteed Green Beans* Chef's	Bread <b>Michigan Cherry Salad*</b> Roasted Pork Tenderloin* Parmesean Zucchini Chips* Penne Sun Dried Tomato Pesto Lazy Daisy Cake	Bread & Salad Chicken Breast with Cherry Gastrique Sauce* Fingerling Asparagus* Black Forrest Rum Cake	Grilled Shrimp, Beef, or Veggie Tacos* Corn & Flour Tortillas, Lime Rice* Black Bean & Salad* Lettuce, guac, sour sriracha mayo, Chips & Salsa* Pineapple* Chocolate Chip Cookie	Bread <b>Mango Chutney Salad*</b> Pot Roast w/ Mashed Sweet & Potatoes* Garlic Lemon Broccoli* Chocolate Mousse*	
<b>Vegetarian Option-</b>		Impossible	Phyllo pie with vegetables,	Phyllo Pie with Vegetables,	N/A	Veggie Chick Pea Salad	

order Sat

parmesean &