

Camp Arcadia Menu for Golf & the Gospel Retreat 2019

BUFFET IN THE DINING ROOM

	Saturday June 1	Sunday June 2	Monday June 3	Tuesday June 4	Wednesday June 5	Thursday June 6	Friday June 7
Breakfast 7:30-9:00		Scrambled eggs* Blueberry pancakes Bacon Fruit & Cereals & *GF pancake available on request	Quiche Loraine Sausage Oatmeal* Fruit & Cereals &	Breakfast tacos (scrambled cheddar eggs*, sausage, salsa) Fruit & Cereals & yogurts *corn tortillas available on request	Boiled eggs* Sausage gravy & biscuits Bacon Fruit & Cereals &	Scrambled cheesy eggs Oatmeal* Sausage Fruit & Cereals &	Scrambled eggs* French toast Bacon Fruit
	Box lunch is available Monday - Thursday for pickup during breakfast: Custom sandwich bar, chips, fruit, cookie, water/soft drinks						

Happy Hour: 5- 6 PM **Happy Hour: 5- 6 PM** **Happy Hour: 5- 6 PM** **Happy Hour: 5- 6 PM** **Happy Hour: 5- 6 PM**
In the Inn *In the Inn* *In the Inn Lobby* *In the Inn* *In the Inn*

Dinner 6:00	Bread & salad	Bread & salad	Bread & salad	Bread & salad	Bread & salad	Bread & salad
	Braised beef*	Lemon rosemary roast	Roast pork loin*	Gilled beef fillet*	Butter chicken*	Pot roast with
	Ragout	roast	French beans*	Red skin	Jasmine rice*	mashed
	Green beans* with	Wild rice & cos lettuce*	Roasted thyme potatoes*	Lemon sesame green beans*	Roasted cauliflower*	& redskin potatoes*
	Dessert	Vegetables	Apricot & mushroom		Cucumber raita	Broccoli with olive oil &
		Dessert	Penne with sun	Dessert		

Vegetarian

		dried tomato pesto & basil Dessert		Dessert	Dessert
Marinara Sauce alternate request	Mushroom ravioli Provencal	Spanakopita	Roasted stuffed bell pepper wild rice, feta & sundried (pesto)	Phyllo pie with vegetables, parmesan & walnuts	Vegetable fried rice with

* indicates

Gluten Free

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