

# Men's Retreat Vacation Planning Guide

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Camp Arcadia is on Eastern Standard Time. Check-in is from 4:00 - 7:30 pm on Friday, with a buffet meal offered from 5:00 - 7:30 pm. The first session on Friday evening will begin after sunset, usually around 8 pm. If you pay for a Thursday arrival, check-in is from 4:00 - 6:00 pm and breakfast on Friday will be a buffet from 8:00 - 9:00 am.

Delicious meals are served in the Inn's dining room: both breakfasts are from 7:30 - 9:00 am, Saturday lunch is at 12:30 pm and dinner is at 6:30 pm. Sunday Lunch is at 11:45 am. Please contact the office if you have any special dietary restrictions or needs.

Rooms are assigned on a first come, first served basis according to needed bed space and health considerations. Rooms are provided with bedding; bath towels can be refreshed on Saturday. Please bring your own beach towels. While a few rooms have their own bathroom, most do not. Most of our guests will be using bathrooms and showers down the hall.

An outdoor lakefront setting with the likelihood of still warm fall days (70°), cool nights (50°) and the possibility of a rainy morning suggests your clothing needs. Dress at Camp Arcadia is casual. You'll want a warm jacket, warm pajamas, and most likely both shorts and pants. Tennis shoes are appropriate for all areas, including our hiking trails. Lake Michigan can still be warm during the early fall-- swimming enthusiasts will want to bring their suits for an afternoon swim! Sunday morning worship is on site and dress remains casual. There will also be opportunity for mountain biking, kayaking and other recreational opportunities like tennis, basketball, softball, archery, shuffleboard, and cornhole.

At Camp's Trading Post you can purchase ice cream, popcorn, candy, pop and t-shirts and sweatshirts. Please note that there is no wifi at Camp Arcadia. There are places in town that do offer free wifi.

## Arcadia Men's Retreat Sample Schedule

*This schedule is subject to change.*

### **Thursday, September 26** - For those that pay \$50 for a Thursday arrival

4:00 - 7:30 PM Check-in

### **Friday, September 27**

**7:30 - 9:00 AM**

**Breakfast Buffet for Thursday arrivals**

4:00 - 7:30 PM

Check-in

4:00 - 7:30

Trading Post Open

**5:00 - 7:30**

**Buffet Dinner in the Wigwam with Beer Tasting**

8:00-ish (after sunset)

Welcome, Introductions & Opening Worship

9:00 - 10:30

Trading Post Open

### **Saturday, September 28**

**7:30 - 9:00 AM**

**Breakfast Buffet**

9:00

Session #1

10:00

Break

10:30

Session #2

11:30

Break & Tournaments

12:30 PM

Lunch

1:30

Free Time Activities: Mountain Biking, Hikes, Tours of a local distillery and brewery, Archery Tag, Softball, Euchre tournament, etc.

**6:30**

**Dinner**

8:00-ish (after sunset)

Session #3 & Vespers

9:00

Trading Post Open

Campfire on the Patio

Live music with the Brothers Mogan

### **Sunday, September 29**

**7:30 - 9:00 AM**

**Breakfast Buffet**

7:45

Polar Bear Swim

8:45

Bible Study

10:15

Worship at the Chapel on the Beach

**11:45**

**Lunch & Farewell**