

Women's Retreat Vacation Planning Guide

An outdoor lakefront setting with the likelihood of still warm fall days (70°), cool nights (50°) and the possibility of a rainy morning suggests your clothing needs. Dress at Camp Arcadia is casual. You'll want a warm jacket, warm pajamas, and most likely both shorts and pants. Tennis shoes are appropriate for all areas, including our hiking trails. Lake Michigan can still be warm during the early fall -- swimming enthusiasts will want to bring their suits for an afternoon dip! Sunday morning worship is on site and dress remains casual.

Rooms are assigned on a first come, first served basis according to needed bed space and health considerations. Rooms are provided with bedding; bath towels will be refreshed on Saturday. Please bring your own beach towels and hand towels.

Coin-operated laundry facilities for guests are located in the basement of the Wigwam. Laundry detergent is provided. There is also an iron and ironing board in the laundry room.

Delicious meals are served in the Inn's dining room: both breakfasts are from 7:30-9:00 a.m., Saturday lunch is at 12:30 p.m. and dinner is at 6 p.m. Sunday lunch is at 11:30 a.m. Please contact the office if you have any special dietary restrictions or needs.

Camp Arcadia is on EASTERN DAYLIGHT TIME. The first session on Friday evening will begin after sunset. Massages will be available at a reasonable rate on Saturday during free time.

ITEMS TO BRING TO CAMP ARCADIA TO MAKE YOUR STAY ABSOLUTELY PERFECT!

Insect repellent	Bible
Notepaper & pen	Camera
Flashlight	Alarm clock
Facial tissues	Umbrella
Toiletries	Walking or tennis shoes
Books, Needlework	Scrabble, Cards, etc.
Sun Glasses, Sunscreen	Bathrobe and slippers
Jacket, sweatshirt, shorts and jeans	

Camp Office: (231) 889-4361
3046 Oak Street, PO Box 229, Arcadia MI 49613 www.camp-arcadia.com fax: (888) 753-1922

Camp Arcadia Women's Retreats

Sample Schedule

Friday

4:00 - 7:30 PM
5:00 - 7:30
5:00 - 7:00
After Sunset (8:00-ish)
9:00-10:30
9:45-10:05

Check-in
Trading Post Open - Light Supper served
Wine Tasting in Wigwam
Welcome & Overview
Trading Post Open for snacks
Arcadia Evening Prayer

Saturday

7:30 - 9:00 AM
9:00
10:15
11:00
12:30 PM
1:15 - 2:15
2:30 - 3:30
3:30
3:30
3:30 - 5:30
3:30 - 6:00
6:30 PM
7:15 - 9:15
9:45 - 10:05
10:15
9:00 - 10:30

Breakfast Buffet
Session I - (Singing will begin 15 minutes before)
Break
Session II - (Singing will begin 15 minutes before)
Lunch
Break-out Session I
Break-out Sessions II
Choir Rehearsal
Free Time
Trading Post & Craft Shop Open
Massages
Dinner
Saturday Night Lively
Arcadia Evening Prayer Worship
Campfire on Patio
Trading Post Open

Sunday

7:30 - 9:00 AM
7:45
9:00
10:30
11:45

Breakfast Buffet
Polar Bear Swim!
Bible Study Class in the Assembly
Worship Service at the Chapel on the Beach
Lunch & Farewell