

Fall Confirmand Retreat Menu 2014

	Saturday	Sunday
	Breakfast Pancakes Scrambled Eggs with Cheddar Sausages Fresh fruit bowl Juice/Milk	Breakfast Pancakes Scrambled Eggs with Cheddar Sausages Fresh fruit bowl Juice/Milk
	Lunch Chicken on Ciabatta baguette with bacon and cheddar sauce Broccoli and carrots with ranch Potato chips Fresh Fruit Bowl Lemonade Rice Crispy Treat Veg Op: cream cheese and veg on baguette	Lunch Chicken enchillada Tossed salad with cucumber, tomatoes, carrot and ranch dressing Tortilla chips and salsa Fresh Fruit Bowl Lemonade Chocolate chip cookie VEG OP: Veg enchilada
Friday Night Snacks Potato Chips, dip Cookies Koolaid	Dinner Tossed salad with tomato, cucumber, carrot, crouton and ranch dsg Linguine Meatballs and sauce, plain marinara as an option Green beans Baguette & butter Brownie	