

CAMP ARCADIA MEN'S RETREAT PLANNING GUIDE

WHAT TO BRING

An outdoor lake-front setting with the likelihood of warm days (75°), cool nights (45°) and the possibility of a rainy morning suggests your clothing needs. Dress at CAMP ARCADIA is casual. You will want a warm jacket, warm pajamas, and most likely both shorts and long pants. Tennis shoes are appropriate for all areas, including our hiking trails. Lake Michigan can still be warm during the early fall—swimming enthusiasts will want to bring their suits for an afternoon dip! Worship on Sunday is in the Assembly building at camp and casual dress is acceptable for that event also.

LODGING & MEALS

Inn guests will be staying in one of the 40 historic rooms that each have a sink in the room with shared baths and showers down the hallways. The 80 year-old two-story Inn is charming, clean and comfortable. Most rooms have a queen and a bunk bed. The lower bunk is fitted with a standard single-bed firm mattress. **Rooms are assigned on a first come, first served basis according to needed bed space and health considerations.** While the sleeping rooms are not heated; the bathrooms, Inn lobby, dining room and lecture hall are.

Rooms are provided with bedding; fresh bath towels and wash cloths are available Saturday morning; you will want to **bring your own hand towels, bath soap, and beach towels.**

Cottage guests have access to a kitchenette, dining area, living area, and private bathroom space in each cottage. Linens are provided. Cottage guests enjoy all meals in the Inn dining room.

Three delicious meals are served daily in the Inn's dining room (times vary according to the retreat schedule. Our apologies, but **we cannot accommodate anyone requiring a special diet.**

GUIDELINES FOR CAMP LIVING

OUR BUILDINGS ARE SMOKE-FREE, AND THE USE OF ALCOHOLIC BEVERAGES SHOULD BE CONFINED TO THE PRIVACY OF GUESTS' ROOMS.

Concern and consideration for other guests suggests that 'quiet' be observed between 11:30 P.M. and 6:30 A.M.

Please provide accommodations for your pets at home.

FACILITIES

Camp Arcadia has two tennis courts, a basketball court, four shuffleboard courts, and a softball/soccer field. There are also nature trails that wind through our forested 110 acres. Three kayaks and a rowboat are available for use along the shoreline, weather permitting. Lake Michigan water temperature is often between 60-70°.

The Wigwam has a variety of indoor recreation opportunities: a piano, Ping-Pong, Foosball, table shuffleboard and mini-bowling. Games, puzzles, cards, TV and books are also available. Also in the Wigwam is the Trading Post – a soda fountain and gift shop.

NEARBY POINTS OF INTEREST

Northwest Michigan is blessed with long stretches of sandy beaches, towering sand bluffs, and rolling hills. There are numerous championship golf courses to choose from. The Retreat Committee will arrange tee times for Friday. Carter fishing services are available nearby.

TIMING YOUR TRIP

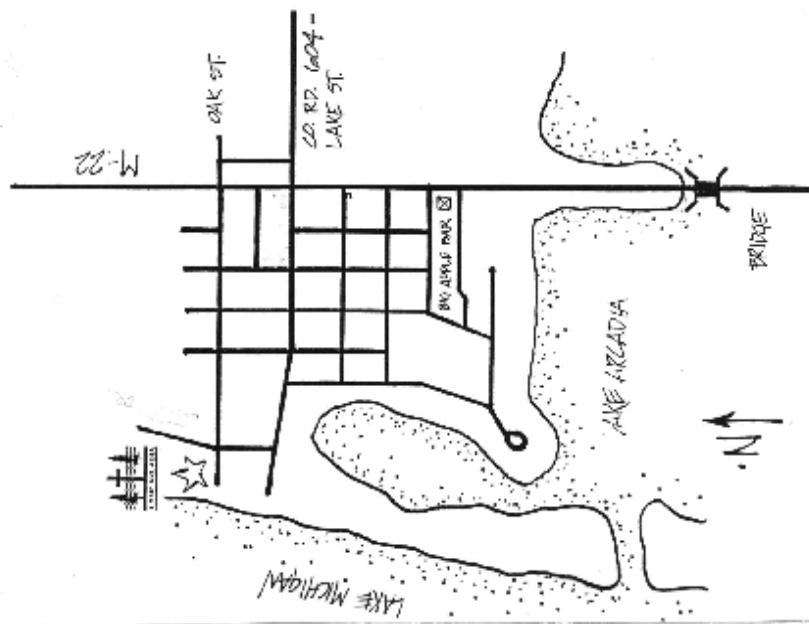
Camp Arcadia is on **EASTERN DAYLIGHT TIME**. Check in is from 4-10 p.m. Thursday with evening vespers at 10 p.m. The first session on Friday evening will begin at 7:30 p.m.

ITEMS TO BRING TO CAMP ARCADIA TO MAKE YOUR STAY ABSOLUTELY PERFECT!

Insect repellent, aspirin, Band-Aids	Bible
Notepaper & pen	Camera & film
Flashlight	Alarm clock
Facial tissues	Washcloths
Bath soap	Walking or tennis shoes
Books, Needlework	Scrabble, Euchre Cards, etc.
Sun Glasses, Sunscreen	Bathrobe and slippers
Jacket, sweatshirt, shorts and jeans	Umbrella

HOW TO REACH CAMP ARCADIA

Arcadia, Michigan is located on highway M-22 that runs north/south between Manistee and Frankfort, along Lake Michigan. **From M-22 take Oak Street west to the end of the street where you will see the Camp arch and parking area.** Camp Arcadia Map



Camp Phone: 231/889-4361 In an emergency after 10 p.m., you may call the Caretaker's home at 231.889.4741

If you are a guest in one of our cottages, these suggestions may be of value to you.

COTTAGE ARRANGEMENTS

All five-cottage interiors have been renovated in the past three years. Bedding, bath towels and soap are furnished; **bring your own washcloths, hand towels and beach towels**. The cottage kitchen has dishwashing soap and towels, limited cooking and eating utensils, a small refrigerator and range. Bathroom cleaning supplies are provided. **Cottages do not have a telephone, radio or TV. They do have heat.**

Aspen

Sleeps 2-4.

One bedroom: One double bed.

A double sleep-sofa in the living room. Bathroom has shower stall.

Birch

Sleeps 8-10.

Bedroom One: One queen bed.

Bedroom Two: One double bed, two bunk beds. Space for a cot.

A double sleep-sofa in living room. Bathroom has shower stall.

Cedar

Sleeps 6-8.

Bedroom One: One queen bed.

Bedroom Two: One double bed, one bunk bed, and space for a cot.

A double sleep-sofa in living room. Bathroom has a tub/shower combination.

Spruce

Sleeps 6-8.

Bedroom One: One queen bed.

Bedroom Two: One double bed, one bunk bed, and space for a cot.

A double sleep-sofa in living room. Bathroom has a tub/shower combination.

Juniper

Sleeps 16-18.

1st Floor Bedroom One: One double bed.

1st Floor Bedroom Two: One double bed, one bunk bed.

2nd Floor Bedroom Three: One queen bed, one bunk bed.

2nd Floor Bedroom Four: One queen bed, two bunk beds.

A double sleep-sofa in living room. One full bathroom. One shower bathroom.

FOR REPAIRS OR ADDITIONAL SUPPLIES DURING THE WEEK, NOTIFY THE OFFICE. IN EMERGENCY SITUATIONS, ESPECIALLY AT NIGHT, NOTIFY THE CARETAKER WHOSE HOME IS LOCATED AT THE ENTRANCE TO THE CAMP.
