

Women's Retreat Menu

Saturday (7:30-9)	Sunday (7:30-9)
<p>Oatmeal Extravaganza</p> <p>Scrambled Eggs with Bacon</p> <p>Fresh Cut Fruit</p> <p>Assorted Yogurts & Cereals</p> <p>Assorted Juices</p> <p>Milk</p>	<p>Frittata with Ham</p> <p>Muffins, Scones and Banana Bread, Local Jam and Local Honey-Walnut Cream Cheese</p> <p>Fresh Cut Fruit</p> <p>Assorted Yogurts & Cereals</p> <p>Assorted Juices</p> <p>Milk</p>
Coffee in Assembly 9:15	
Lunch (12:30)	Lunch (11:30)
<p>Roasted Turkey Breast on Homemade Baguette with Pesto and Tomato</p> <p>Broccoli Salad with Feta and Onion</p> <p>Potato Chips</p> <p>Fresh Fruit Bowl</p> <p>Lemonade</p> <p>Ginger Snap Cookie</p>	<p>Homemade Focaccia with Bacon, Provolone, and Tomato on a bed of Lettuce</p> <p>Green Bean Salad with Parmesan, Toasted Almonds, Fresh Basil, and Dry Cranberries</p> <p>Potato Chips</p> <p>Fresh Fruit Bowl</p> <p>Lemonade</p> <p>Oatmeal-Cherry Cookie</p>
Friday Night (4-7:30)	Dinner (6:00)
<p>Tomato Bisque with Fresh Basil</p> <p>Chicken and Basmati Rice Soup</p> <p>Fresh Baguette Bread and Hummus</p> <p>Whole Fruit</p> <p>Assorted Cookies</p>	<p>Mixed Greens with Balsamic Vinaigrette, Dry Cherries, Carmalized Pecans and Croutons</p> <p>Chicken with Proscuitto-Sage Sauce</p> <p>Whipped Potatoes</p> <p>Mixed Vegetables</p> <p>Sourdough Bread</p> <p>Brownie Bits with Berries and Cream</p>