

Camp Arcadia Menu for Lutherhostel

		<i>Buffet in the Dining Room</i>	Meals Served in the Dining Room		<i>Buffet in the Dining Room</i>	Meals in the Dining Room		
		Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast			Oatmeal Extravaganza Cereals & Yogurt Assorted Juices & Milk	Scrambled Eggs and Bacon Fresh Buttermilk Biscuits with Sausage Gravy Fresh Fruit Orange Juice	Ham and Cheddar Frittata Homemade Scones & Muffins Fresh Fruit Orange Juice	Oatmeal Extravaganza Cereals & Yogurt Assorted Juices & Milk	Whole Wheat Buttermilk Pancakes with Syrup & Peaches Scrambled Eggs Sausage Orange Juice	Scrambled Eggs, Sliced Ham & Hollandaise Sauce English Muffins Cut Melon Orange Juice
		<i>Buffet in the Dining Room</i>				<i>Buffet in the Dining Room</i>		
Lunch			Assorted Quiche Soup du Jour Mixed Greens Salad & Fruit Cookie	Turkey, Provalone, Tomato and Basil Pesto on Homemade Roll Broccoli Salad with Feta Cheese Chips Fruit Bowl Cookie	Chicken Ciabatta with Provalone Cheese Lettuce, Guacamole, Tomato, & Ranch Tortilla Chips and Salsa Fruit Bowl Cookie	Wild Mushroom Cream Lasagna Soup du Jour Pasta with Tomato Sauce Mixed Greens Salad & Fruit Cookie	Roast Beef on Homemade Roll, Sundried Tomato Pesto and Provalone Green Bean Salad with Vinaigrette Chips Fresh Fruit Cookie	
		Vegetarian Entree (must be ordered 48 hours in advance)	N/A	Cheese Tortellini with Basil Pesto	Mixed Vegetable Lasagna	N/A	Wrap with Hummus, Carrot, Tomato, Cucumber, and Sunflower Seeds	
		<i>Buffet in the Dining Room</i>				<i>Buffet in the Dining Room</i>		
Dinner		House Bread & Caesar Salad Homemade Bolognese over Fettucini - Plain Red Sauce Alternate on Request Cauliflower Au Gratin Dessert	House Bread & Mixed Greens Salad Chicken Breast Fillet with Proscuitto-Sage Cream, Sugar Snap Peas Wild Rice Dessert	House Bread & Mixed Greens Salad Pot Roast with Smashed Sweet & Redskin Potatoes Mixed Vegetables Dessert	House Bread & Mixed Greens Salad Pork Tenderloin, Sauerkraut & Mixed Vegetables Whipped Potatoes Dessert	Hamburger, Bratwurst or Hot Dog Baked Beans & Sauerkraut Potato Salad Watermelon Potato Chips Cookie	House Bread & Mixed Greens Salad Choice of: -New York Strip Steak -Wild Alaskan Salmon Smashed Redskins & Green Beans with Carrots Dessert	
		Vegetarian Entree (must be ordered 48 hours in advance)	Chickpea-Potato Curry over Basmati Rice	Spanakopita (Greek Spinach Pie)	Vegetable Fried Rice with Tofu	Garden Burger	Homemade Gnocchi with Tomato-Basil Cream and Vegetable du Jour	